

## USDA National Nutrient Database for Standard Reference Release 28

## Statistics Report 03025, Babyfood, GERBER, 3rd Foods, apple, mango and kiwi

Report Date: October 27, 2015 04:53 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Proximates</b>													
Water	g	86.34	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Energy	kcal	53	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2015
Energy	kJ	223	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2015
Protein	g	0.47	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2015
Ash	g	0.32	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carbohydrate, by difference	g	12.88	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2015
Fiber, total dietary	g	2.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2015
Sugars, total	g	10.18	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Minerals</b>													
Calcium, Ca	mg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Iron, Fe	mg	0.17	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Magnesium, Mg	mg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Phosphorus, P	mg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Potassium, K	mg	123	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Sodium, Na	mg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.06	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Copper, Cu	mg	0.061	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Manganese, Mn	mg	0.089	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Selenium, Se	µg	0.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fluoride, F	µg	9.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	23.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Thiamin	mg	0.018	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Riboflavin	mg	0.018	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Niacin	mg	0.250	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Pantothenic acid	mg	0.093	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-6	mg	0.059	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, total	µg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, food	µg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Folate, DFE	µg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Choline, total	mg	4.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Betaine	mg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, RAE	µg	15	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carotene, beta	µg	170	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Carotene, alpha	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Cryptoxanthin, beta	µg	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin A, IU	IU	294	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lycopene	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Lutein + zeaxanthin	µg	30	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin E (alpha-tocopherol)	mg	0.41	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, beta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, gamma	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Tocopherol, delta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Vitamin K (phylloquinone)	µg	5.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Lipids</b>													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
16:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2015